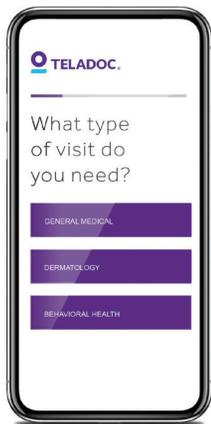




With Teladoc®, getting the care you need has never been easier. Teladoc provides 24/7 access to doctors by phone or video for a variety of services, including general medical conditions, dermatology, and behavioral health all at **no cost to you**. Teladoc's U.S. board-certified doctors can diagnose, treat, and even prescribe medicine when medically necessary for a wide range of illnesses, including flu, allergies, rash, upset stomach, and much more.



General Medical
Free office visit.

Talk to a board-certified doctor in minutes, 24/7, to treat many common conditions. Short-term medications can be prescribed, if appropriate. Treat cold, flu, allergies, bronchitis, and more.

Dermatology
Free consult.

Upload images of your skin condition to your account for evaluation from a licensed dermatologist and receive a treatment plan within 2 business days. Treat skin infection, eczema, shingles, and more.

Behavioral Health
Free therapist session. Free psychiatrist evaluation and ongoing sessions.

Confidential counseling is available 7 days a week from wherever you are most comfortable. Support for stress, anxiety, depression, and more.



Create Account*

Use your phone, the app, or Teladoc.com/TeamCare to create an account and quickly complete your medical history.



Request A Visit

Use your device to request and schedule a visit. A Teladoc doctor will contact you.



Feel Better

Your doctor will diagnose your symptoms and even prescribe medicine, if appropriate.



Download the app to schedule an appointment

Teladoc.com/TeamCare
800-TELADOC (835-2362)

***Please remember to select TeamCare as your benefit provider when creating an account with Teladoc. If you do not see TeamCare as a benefit option during registration, please contact TeamCare at 800-TEAMCARE (832-6227).**