

Welcome to the Highway to Health



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TeamCare Network Management & Benefits Control

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TeamCare Network Management



Agenda:
Network History
Network Value
Network Navigation



MEDICAL NETWORK HISTORY

- 1950-1984** No Managed Care Networks
- 1985-1992** 10 TeamCare cities had access to a medical PPO Network – All Voluntary
- 1992-2002** First national PPO Network - PHCS
10% penalty to encourage network utilization
- 2002-Current** Conversion from PHCS to BCBS began for all states
Ohio was the last state to move to BCBS (2022)





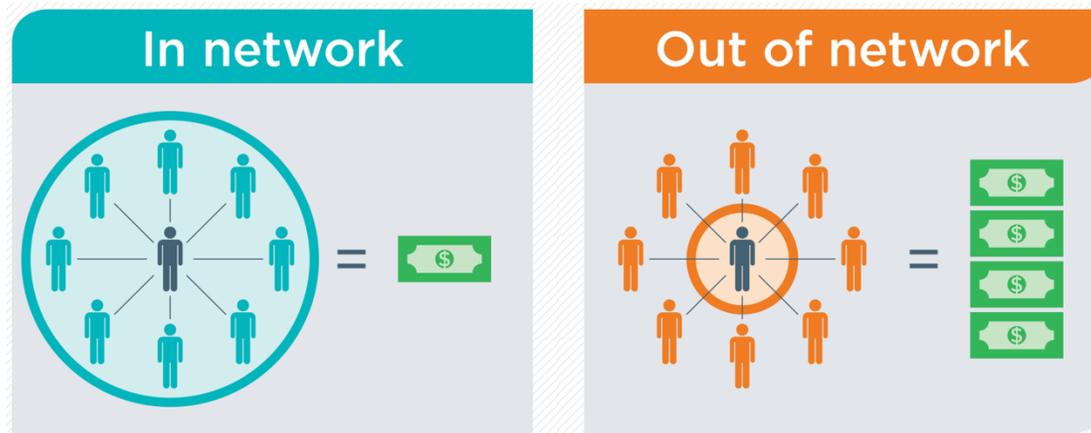
ANCILLARY NETWORK HISTORY

- 1994** EyeMed (Vision Network) – 2018 Network Enhancement
- 2008** Humana Dental (Dental Network)
- 2009** CVS Caremark (Prescription Benefit Network)
- 2010** Conifer (Personal HealthCare Nurse Services) **Ⓢ No Cost**
- 2011** Quest (Lab Network) **Ⓢ No Cost**
- 2013** US Imaging (Advanced Imaging Network) **Ⓢ No Cost**
- 2015** CVS MinuteClinic (Immediate Care Network) **Ⓢ No Cost**
- 2020** Teladoc (Virtual Care Network) **Ⓢ No Cost**
- 2024** Teladoc Diabetes Management Program **Ⓢ No Cost**





VALUE OF TEAMCARE'S NETWORKS



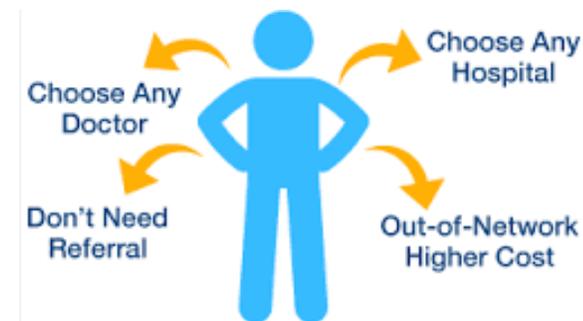
PPO Networks

Negotiated allowables lower out-of-pocket expenses

Balance billing protection for covered services

No added 10% to member's cost (for non-emergencies)

Flexibility to choose any doctor, including specialists





STAYING IN-NETWORK = FAMILY PROTECTION



Free Coverage
Five (5) Years
For All Dependents
**...if the family stayed
In-Network**

TEAMCARE HIGHWAY TO HEALTH



MEDICAL NETWORK

Nation's largest network
1.7 million doctors and hospitals contracted

BlueCard Program
Coverage in all 50 states plus DC & PR

TeamCare and BCBS offer the best value and savings to union workers, retirees, and their families nationwide



PPO suitcase ensures access in every state

TEAMCARE HIGHWAY TO HEALTH



MEDICAL NETWORK ID CARD



BlueCross
BlueShield

TOMMY TEAMSTER

Identification Number:

TEA806123456

Group Number: **P13168**



A CENTRAL STATES HEALTH PLAN

PPO Office Visit Copay: \$10



BlueCross BlueShield
of Illinois

Providers: This card is not a guarantee of coverage. To confirm eligibility, obtain specific benefit information, or check claim status, please use the provider portal on MyTeamCare.org. For other inquiries, please contact the Provider Services phone number listed. Precertification is required for all inpatient admissions and MH/SA. File medical claims with your local BCBS plan.

Submit dental claims to:
EDI: 36215
Mail: TeamCare
PO Box 5116
Des Plaines, IL 60017-5116



www.bcbsil.com
Member Services*

MyTeamCare.org
800-832-6227

Provider Services*

-Benefits/Eligibility*

-Other Inquiries*

Medical Provider Finder

Precertification Medical

Precertification MH/SA

*TeamCare contracts directly

Deductible Information

Individual / Family: \$100 / \$200

Out of Pocket Maximum Information

Individual / Family: \$1,000 / \$2,000

BlueCross BlueShield of Illinois, an Independent Licensee of the BlueCross BlueShield Association, provides claims processing only and assumes no financial risk for claims.

TEAMCARE HIGHWAY TO HEALTH



VISION NETWORK



National Network

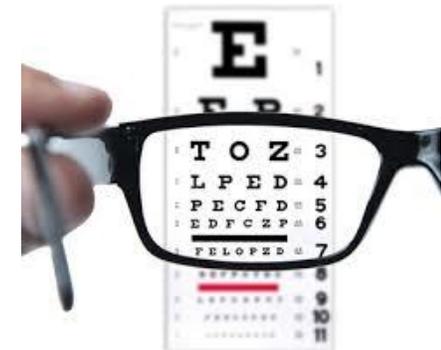
Over 24,000 provider locations

Voluntary Network

Lowers out-of-pocket costs through discounts

Partners with GLASSES.COM and [contactsdirect](http://contactsdirect.com)

Oakly.com, LensCrafters.com, Targetoptical.com, Ray-Ban.com



*Routine
eye exams
can detect
health problems*



Delivering Exceptional Benefits for 75 years





Humana

DENTAL NETWORK



National Network
Over 175,000 Dentists
Voluntary Network
Balance billing protection



*Preventative
dental care
keeps us smiling*

TEAMCARE HIGHWAY TO HEALTH



♥ CVS pharmacy®

♥ CVS caremark®

♥ CVS pharmacy at Target

PRESCRIPTION BENEFIT NETWORK

Walgreens

Kroger
Pharmacy

COSTCO
PHARMACY

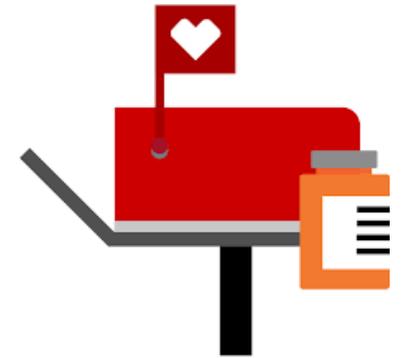
The Medicine
Shoppe
PHARMACY



National Retail Network - 67,000 Retail Pharmacies

30-Day and 90-Day Supplies

Maintenance Choice and Mail Order Networks



*Medications
treat illnesses
and can prevent
disease progression*

TEAMCARE CENTRAL STATES PENSION FUND
SUMMIT 2025

Delivering Exceptional Benefits for 75 years

TEAMCARE®
A CENTRAL STATES HEALTH PLAN



QuestSelect™

OUTPATIENT LAB NETWORK



Voluntary Network

Request Quest

Visit a Quest collection site

NO COST (no deductible or coinsurance)
- For covered blood work



*Routine
bloodwork
helps assess
overall health*



OUTPATIENT ADVANCED IMAGING NETWORK

Voluntary Network

Call US Imaging to schedule [877-674-0674](tel:877-674-0674)

Concierge Scheduling Service

NO COST (no deductible or coinsurance)

- For covered CT, MRI, and PET scans



*Advanced Imaging
helps find out what is wrong*



Immediate care for:

- Minor injuries
- Common illnesses
- Sore throat
- Colds and flu
- Earaches
- Strep
- Routine care
- Immunizations

IMMEDIATE CARE NETWORK

- Non-emergency services
- Available in select CVS store locations
- No appointment needed
- Present BCBS Medical ID Card
- NO COST (no copay)**
- For Office Visits**



*Immediate Care
is quick and
convenient*



Teladoc[®]
HEALTH

VIRTUAL CARE NETWORK

24/7 Care, Dermatology, Mental Health Complete
30,000+ board-certified, licensed healthcare professionals
Providers can diagnose, treat, prescribe medications
Register at teladochealth.com/TeamCare
NO COST (no deductible or coinsurance)
- For virtual care



*Convenience of healthcare
at home or on the road*



Teladoc[®]
HEALTH

DIABETES MANAGEMENT PROGRAM

Program available for Type I & II Diabetics

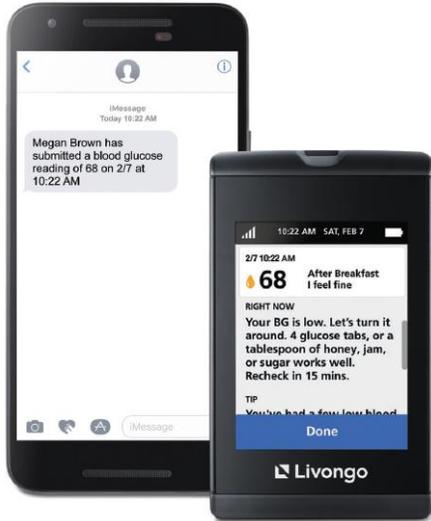
Sign up and receive

- ✓ An advanced blood glucose meter (\$200 value)
- ✓ Unlimited strips and lancets right to your door
- ✓ 24/7 real-time support for out-of-range readings
- ✓ Personalized tips, action plans and coaching

NO COST program (free diabetic supplies)



Receive real-time tips and insights after every check



TEAMCARE HIGHWAY TO HEALTH



BENEFITS ID CARD

TEAMCARE
A CENTRAL STATES HEALTH PLAN

Member

Member: TOMMY TEAMSTER
Member ID: 806123456

Providers: To verify eligibility and benefits
MyTeamCare.org or 800-323-2190

Prescription

CVS caremark

Rx Bin: 004336
RxPCN: ADV
RXGrp: RX1373
Issuer (80840) 9151014609

Find a Pharmacy:
caremark.com
888-483-2650

Telehealth

Teladoc
HEALTH

General Medical
Mental Health
Diabetes Management
Dermatology

\$0 Member Cost Share

Download the Teladoc Health mobile app
teladochealth.com/TeamCare
800-TELADOC (835-2362)

24/7 access to U.S. board-certified doctors

Outpatient Lab

QuestSelect

See medical ID card for claim filing instructions
\$0 Member Cost Share

QuestSelect Provider Finder:
QuestSelect.com or 800-646-7788

Dental

Humana

Submit **Dental** claims to:
EDI: 36215
Mail to: TeamCare
PO Box 5116
Des Plaines, IL 60017-5116
Humana PPO Provider Finder:
HumanaDentalNetwork.com or 800-592-3112

Outpatient Advanced Imaging



Advanced Imaging Scans must be pre-scheduled through USIN by calling 877-674-0674

Orders can be faxed to 833-292-2788

\$0 Member Cost Share for:
MRI/CT/PET Scans

Submit claims scheduled through USIN:

EDI: 50383
Mail: USIN
PO Box 21624
Eagan, MN 55121-0264

Vision

eye med

NETWORK: Select

EyeMed Provider Finder:
eyemed.com or 866-723-0514

This card does not guarantee eligibility or payment.
Virtual copies of this ID card can be downloaded at MyTeamCare.org.

This card does not guarantee eligibility or payment.
Virtual copies of this ID card can be downloaded at MyTeamCare.org.



REGULAR HEALTHCARE IS IMPORTANT

TeamCare's networks are designed to provide...

- Reliable and affordable access to care
- Flexibility in choosing healthcare providers
- Family Protection

Encourage and remind members...

- Annual Wellness Exam
- Age-related Cancer Screenings (colonoscopy, mammograms)
- Find a Provider at [MyTeamCare.org](https://www.myteamcare.org) (know before you go)



TEAMCARE HIGHWAY TO HEALTH



THANK YOU for attending
Highway to Health

2025 Local Union Summit

Visit MyTeamCare.org

