

Welcome to the Highway to Health



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TeamCare Network Management & Benefits Control

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TeamCare Network Management



Agenda:
Network History
Network Value
Network Navigation









MEDICAL NETWORK HISTORY

- | | |
|---------------------|---|
| 1950-1984 | No Managed Care Networks |
| 1985-1992 | 10 TeamCare cities had access to a medical PPO Network – All Voluntary |
| 1992-2002 | First national PPO Network - PHCS
10% penalty to encourage network utilization |
| 2002-Current | Conversion from PHCS to BCBS began for all states
Ohio was the last state to move to BCBS (2022) |





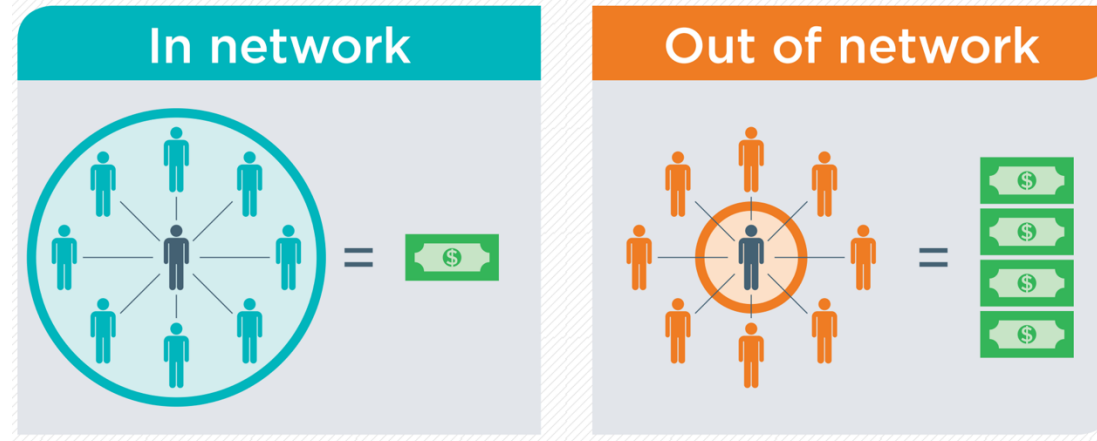
ANCILLARY NETWORK HISTORY

1994	EyeMed (Vision Network) – 2018 Network Enhancement
2008	Humana Dental (Dental Network)
2009	CVS Caremark (Prescription Benefit Network)
2010	Conifer (Personal HealthCare Nurse Services)  No Cost
2011	Quest (Lab Network)  No Cost
2013	US Imaging (Advanced Imaging Network)  No Cost
2015	CVS MinuteClinic (Immediate Care Network)  No Cost
2020	Teladoc (Virtual Care Network)  No Cost
2024	Teladoc Diabetes Management Program  No Cost





VALUE OF TEAMCARE'S NETWORKS



PPO Networks

Negotiated allowables lower out-of-pocket expenses

Balance billing protection for covered services

No added 10% to member's cost (for non-emergencies)

Flexibility to choose any doctor, including specialists





STAYING IN-NETWORK = FAMILY PROTECTION



Free Coverage
Five (5) Years
For All Dependents
...if the family stayed
In-Network

TEAMCARE HIGHWAY TO HEALTH



MEDICAL NETWORK

Nation's largest network
1.7 million doctors and hospitals contracted

BlueCard Program

Coverage in all 50 states plus DC & PR

TeamCare and BCBS offer the best value and savings to union workers, retirees, and their families nationwide



*PPO suitcase
ensures access in
every state*

TEAMCARE HIGHWAY TO HEALTH



MEDICAL NETWORK ID CARD



**BlueCross
BlueShield**

TOMMY TEAMSTER

Identification Number:

TEA806123456

Group Number: **P13168**

TEAMCARE
A CENTRAL STATES HEALTH PLAN

PPO Office Visit Copay: \$10



**BlueCross BlueShield
of Illinois**

Providers: This card is not a guarantee of coverage. To confirm eligibility, obtain specific benefit information, or check claim status, please use the provider portal on MyTeamCare.org. For other inquiries, please contact the Provider Services phone number listed. Precertification is required for all inpatient admissions and MH/SA. File medical claims with your local BCBS plan.

Submit dental claims to:
EDI: 36215
Mail: TeamCare
PO Box 5116
Des Plaines, IL 60017-5116



www.bcbsil.com
Member Services*

MyTeamCare.org
800-832-6227

Provider Services*
-Benefits/Eligibility*
-Other Inquiries*

MyTeamCare.org
800-323-2190

Medical Provider Finder 800-810-2583
Precertification Medical 800-635-1928
Precertification MH/SA 800-851-7498

*TeamCare contracts directly

Deductible Information

Individual / Family: \$100 / \$200

Out of Pocket Maximum Information

Individual / Family: \$1,000 / \$2,000

BlueCross BlueShield of Illinois, an Independent Licensee of the BlueCross BlueShield Association, provides claims processing only and assumes no financial risk for claims.

TEAMCARE HIGHWAY TO HEALTH



VISION NETWORK



National Network

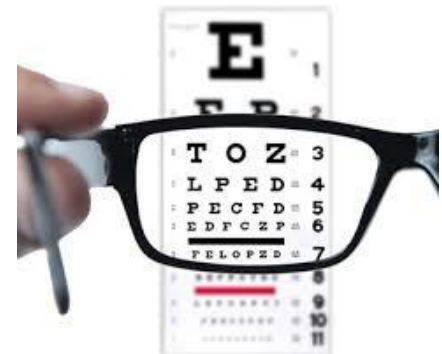
Over 24,000 provider locations

Voluntary Network

Lowers out-of-pocket costs through discounts

Partners with [GLASSES.COM](https://www.glasses.com) and [contactsdirect](https://www.contactsdirect.com)

[Oakly.com](https://www.oakley.com), [LensCrafters.com](https://www.lenscrafters.com), [Targetoptical.com](https://www.targetoptical.com), [Ray-Ban.com](https://www.ray-ban.com)



*Routine
eye exams
can detect
health problems*



Delivering Exceptional Benefits for 75 years





Humana DENTAL NETWORK



National Network
Over 175,000 Dentists
Voluntary Network
Balance billing protection



*Preventative
dental care
keeps us smiling*

TEAMCARE HIGHWAY TO HEALTH



♥CVS pharmacy®

♥CVS caremark®

♥CVS pharmacy® at Target

PRESCRIPTION BENEFIT NETWORK

Walgreens

Kroger
Pharmacy

COSTCO
PHARMACY

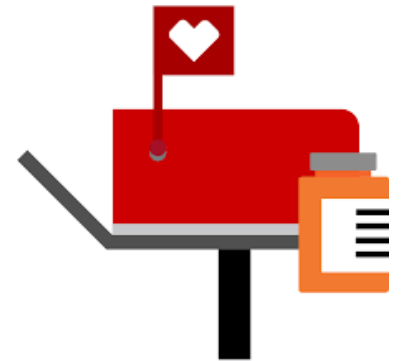
The Medicine
Shoppe
PHARMACY



National Retail Network - 67,000 Retail Pharmacies

30-Day and 90-Day Supplies

Maintenance Choice and Mail Order Networks



*Medications
treat illnesses
and can prevent
disease progression*



QuestSelect™

OUTPATIENT LAB NETWORK



Voluntary Network
Request Quest
Visit a Quest collection site
NO COST (no deductible or coinsurance)
- For covered blood work



*Routine
bloodwork
helps assess
overall health*



OUTPATIENT ADVANCED IMAGING NETWORK

Voluntary Network

Call US Imaging to schedule **877-674-0674**

Concierge Scheduling Service

NO COST (no deductible or coinsurance)

- For covered CT, MRI, and PET scans



*Advanced Imaging
helps find out what is wrong*



Immediate care for:

Minor injuries
Common illnesses
Sore throat
Colds and flu
Earaches
Strep
Routine care
Immunizations

IMMEDIATE CARE NETWORK

Non-emergency services
Available in select CVS store locations
No appointment needed
Present BCBS Medical ID Card
NO COST (no copay)
- For Office Visits



*Immediate Care
is quick and
convenient*



VIRTUAL CARE NETWORK

24/7 Care, Dermatology, Mental Health Complete
30,000+ board-certified, licensed healthcare professionals
Providers can diagnose, treat, prescribe medications
Register at teladochealth.com/TeamCare
NO COST (no deductible or coinsurance)
- For virtual care



*Convenience of healthcare
at home or on the road*

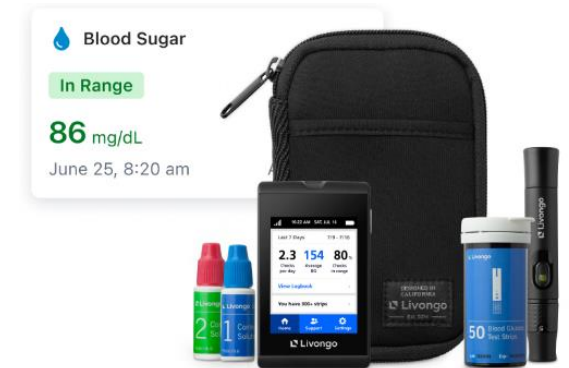
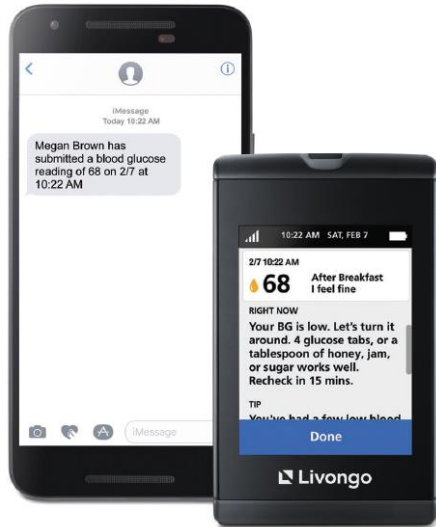


DIABETES MANAGEMENT PROGRAM

Program available for Type I & II Diabetics

Sign up and receive

- ✓ An advanced blood glucose meter (\$200 value)
- ✓ Unlimited strips and lancets right to your door
- ✓ 24/7 real-time support for out-of-range readings
- ✓ Personalized tips, action plans and coaching



NO COST program (free diabetic supplies)

Receive real-time tips and insights after every check

TEAMCARE HIGHWAY TO HEALTH



BENEFITS ID CARD

TEAMCARE A CENTRAL STATES HEALTH PLAN	
Member Member: TOMMY TEAMSTER Member ID: 806123456 Providers: To verify eligibility and benefits MyTeamCare.org or 800-323-2190	Telehealth Teladoc HEALTH General Medical Mental Health Diabetes Management Dermatology \$0 Member Cost Share Download the Teladoc Health mobile app teladochealth.com/TeamCare 800-TELADOC (835-2362) 24/7 access to U.S. board-certified doctors
Prescription CVS caremark Rx Bin: 004336 RxPCN: ADV RXGrp: RX1373 Issuer (80840) 9151014609 Find a Pharmacy: caremark.com 888-483-2650	
Outpatient Lab QuestSelect See medical ID card for claim filing instructions \$0 Member Cost Share QuestSelect Provider Finder: QuestSelect.com or 800-646-7788	
Dental Humana Submit Dental claims to: EDI: 36215 Mail to: TeamCare PO Box 5116 Des Plaines, IL 60017-5116 Humana PPO Provider Finder: HumanaDentalNetwork.com or 800-592-3112	
Outpatient Advanced Imaging USIN Advanced Imaging Scans must be pre-scheduled through USIN by calling 877-674-0674 Orders can be faxed to 833-292-2788 \$0 Member Cost Share for: MRI/CT/PET Scans Submit claims scheduled through USIN: EDI: 50383 Mail: USIN PO Box 21624 Eagan, MN 55121-0264	
Vision eye med NETWORK: Select EyeMed Provider Finder: eyemed.com or 866-723-0514	
<p>This card does not guarantee eligibility or payment. Virtual copies of this ID card can be downloaded at MyTeamCare.org.</p>	



REGULAR HEALTHCARE IS IMPORTANT

TeamCare's networks are designed to provide...

Reliable and affordable access to care

Flexibility in choosing healthcare providers

Family Protection

Encourage and remind members...

Annual Wellness Exam

Age-related Cancer Screenings (colonoscopy, mammograms)

Find a Provider at MyTeamCare.org (know before you go)



TEAMCARE HIGHWAY TO HEALTH



THANK YOU for attending
Highway to Health

2025 Local Union Summit

Visit MyTeamCare.org

