

2019 SUMMARY ANNUAL REPORT FOR CENTRAL STATES, SOUTHEAST AND SOUTHWEST AREAS HEALTH AND WELFARE PLAN RETIREE PLAN

This is a summary of the annual report (Form 5500) of the Central States, Southeast and Southwest Areas Health and Welfare Plan Retiree Plan (Plan No. 503) having EIN 36-2154936 for the period beginning January 1, 2019 and ending December 31, 2019. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

The Trustees of Central States, Southeast and Southwest Areas Health and Welfare Fund have committed themselves to pay certain health, dental, and vision benefit claims incurred under the terms of the plan.

Basic Financial Statement

The value of plan assets, after subtracting liabilities of the plan, was \$855,898,984 as of December 31, 2019, compared to \$644,420,910 as of January 1, 2019. During the plan year the plan experienced an increase in its net assets of \$211,478,074. During the plan year, the plan had total income of \$390,836,305, including employer contributions of \$277,870,654 and employee contributions of \$38,822,551. Plan expenses were \$179,358,231. These expenses included \$9,527,231 in administrative expenses and \$169,831,000 in benefits paid to participants and beneficiaries.

Your Rights to Additional Information

You have the right to receive a copy of the Plan's full annual report, or any part thereof, on request. The items listed below are included in that report:

1. an accountant's report; and
2. financial information.

To obtain a copy of the full annual report, or any part thereof, write the Research and Correspondence Department, TeamCare – A Central States Health Plan, PO Box 5126, Des Plaines, Illinois 60017-5126, or call 800-TEAMCARE (832-6227).

You also have the right to receive from the plan administrator, on request and at no charge, a statement of assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report.

You also have the legally protected right to examine the annual report at the Central States, Southeast and Southwest Areas Health and Welfare Fund's office located at 8647 West Higgins Road, Chicago, Illinois 60631-2803, and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.

This report contains an English summary of the Health and Welfare Retiree Plan for the year beginning January 1, 2019, and ending December 31, 2019. If you have difficulty in understanding this report, please write the Research and Correspondence Department, TeamCare – A Central States Health Plan, PO Box 5126, Des Plaines, Illinois 60017-5126, or call 800-TEAMCARE (832-6227).

Este informe contiene un resumen en inglés de las actividades financieras del Health and Welfare Retiree Plan para el año comenzando el primero de Enero del 2019 y terminando el 31 de Diciembre del 2019. Si usted tiene dificultad en entender este informe, por favor escriba al Research and Correspondence Department, TeamCare – A Central States Health Plan, PO Box 5126, Des Plaines, Illinois 60017-5126, o puede llamar 800-TEAMCARE (832-6227).

SUMMARY OF MATERIAL MODIFICATIONS

COVID-19 BENEFITS: For claims incurred during the period of March 1, 2020 through December 31, 2021, the Plan provides coverage for the following without any cost sharing (including deductibles, copayments, and coinsurance) requirements:

In vitro diagnostic tests for the detection of SARS-CoV-2 or the diagnosis of the virus that causes COVID-19, and the administration of such a test.

Items and services furnished to an individual during health care provider office visits that result in an order for or administration of an in vitro diagnostic product described above, but only to the extent such items and services relate to the furnishing or administration of such product or to the evaluation of such individual to determine the need for such product.

Items, services, or immunizations that are intended to prevent or mitigate COVID-19.

Claims directly related to the treatment of SAR-CoV-2 and COVID-19, subject to copayments and coinsurance for prescription drug benefits.

The above claims are still subject to the rules, exclusions and limitations under the Plan including, without limitation: (1) the exclusion for treatment not considered standard medical care or medically necessary; (2) the limitation on payment for treatment received outside the United States; (3) the exclusion for treatment covered by the Social Security Act; (4) the exclusion for charges for which the Covered Individual is not required to pay; (5) the limitation on payment of out-of-network claims (unless such payment is required under federal law); (6) the reasonable and customary charge limitation (unless such payment is required under federal law); and (7) plan benefit limits (for the Retiree Plan, UPS Retiree Plan, UPS Retiree RU Plan and UPS Retiree RV Plan).

TELEMEDICINE: For the period of January 1, 2020 through February 29, 2020, the Plan provided benefits for telemedicine claims exclusively through Teladoc. Effective March 1, 2020, the Plan provides benefits for telemedicine claims without an exclusion based on the provider, but all other Plan rules, exclusions and limitations still apply.

WOMEN'S HEALTH & CANCER RIGHTS

Do you know that your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema?

Call your plan administrator at 800-TEAMCARE (832-6227) or visit MyTeamCare.org for more information.

NOTICE OF PRIVACY POLICY

The Central States, Southeast and Southwest Areas Health and Welfare Fund ("Central States") restricts access to your personal health information to only those entities having a right to the information. To obtain a copy of Central States' Notice of Privacy Practices, call 800-TEAMCARE (832-6227), visit our website at <https://myteamcare.org/-/media/Files/Forms-and-Documents/Members/HIPAA/TeamCare-Notice-of-Privacy-Practices-PHI.pdf> or write to us at Privacy Officer, TeamCare – A Central States Health Plan, 8647 West Higgins Road, Chicago, IL 60631-2803.