

2016 - SPECIAL BULLETIN – 2016- 2

DATE: JANUARY 19, 2016

**TO: ALL LOCAL UNIONS WITH PARTICIPANTS IN THE CENTRAL STATES,
SOUTHEAST AND SOUTHWEST AREAS HEALTH & WELFARE FUND**

RE: IMPROVED HEALTH BENEFITS EFFECTIVE JANUARY 1, 2016

The Trustees are pleased to announce the following TeamCare benefit improvements effective January 1, 2016:

▪ **WELLNESS BENEFITS**

All active and retiree health plans will provide Wellness Benefits (services defined as preventive care by the Patient Protection and Affordable Care Act of 2010) at **no-cost** to the member when performed by a TeamCare PPO provider. Available services include, but are not limited to:

- Routine physicals and testing
- Women's health exam
- Well-child care
- Colorectal screenings and routine colonoscopies
- Diabetic training and education
- Routine immunizations (including pneumonia, shingles, flu shots and other vaccines).
 - Immunizations can be administered at **no-cost** by either a TeamCare PPO provider or through the CVS/Caremark Broader Vaccination Network pharmacies. TeamCare members can visit caremark.com or call 888-483-2650 to locate one of the 62,000 pharmacies.

▪ **EXPANDED PRESCRIPTION NETWORK - CVS PHARMACY EXPANDS INTO TARGET STORES**

CVS completed their recent acquisition of 1,672 Target Corp. pharmacies (including 40 stores in Colorado) and approximately 80 Target health clinics nationwide (soon to be rebranded CVS MinuteClinics). This expanded network now provides TeamCare members additional choice:

- An expanded **Maintenance Choice**[®] network that allows members to receive up to a 90-day supply of their maintenance medicine at CVS/pharmacy locations within Target stores - in addition to CVS/pharmacy store locations.
- **Specialty Connect**[™] gives TeamCare members the option and convenience of using nearly any CVS/pharmacy stores for their specialty prescription medication or having their specialty medication shipped to their preferred location.

For more information, TeamCare members can visit caremark.com or call 888-483-2650.

▪ **BARIATRIC PROCEDURES**

All active and retiree health plans will provide benefits for Bariatric procedures that meet specific medical criteria and performed at a designated TeamCare PPO network Center of Excellence facility. Benefits will be paid under the member's Hospital Expense Benefit and Surgical Benefit.

▪ **OUT-OF-NETWORK VISION BENEFITS**

All health plans with vision benefits (except plans B, FA, FB, NQ and TQ) will provide improved out-of-network vision reimbursement levels for exams, lenses, frames and contact lenses as follows:

- Out-of-network eye exam reimbursement.....\$50 (previously \$25)
- Out-of-network frame reimbursement.....\$75 (previously \$30)
- Out-of-network lens (single/bi-focal) reimbursement.....\$50 (previously \$30)
- Out-of-network contact lens (in lieu of glasses) reimbursement.....\$80 (previously \$60)

In-network benefits remain unchanged through the EyeMed Vision network.

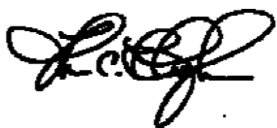
▪ **BEHAVIORAL HEALTH BENEFITS**

All active health plans (except plan S) will provide benefits for Mental/Behavioral Health and Substance Abuse services at the same level as provided for medical services. Annual and lifetime limits on inpatient and outpatient services have been removed on active plans, but will remain on retiree plans.

Your Trustees remain committed to providing the best benefits available. If you have any questions regarding these benefit improvements, please contact your Field Service Representative.

Sincerely,

BOARD OF TRUSTEES, CENTRAL STATES, SOUTHEAST
AND SOUTHWEST AREAS HEALTH AND WELFARE FUND, BY:



THOMAS C. NYHAN
EXECUTIVE DIRECTOR